



# APPLEGATE SENIOR LIVING

-Issue : July 22, 2021-



## Greetings

Dear reader!  
I am really honored to present you our new Community newsletter.  
In this issue, you will read about what happened in the community this month.  
Of course there will be pictures of the dancing session!  
Best wishes,  
Mr Michael





### **Cooking workshop**

Last week, Mary organized a cooking workshop. They cooked delicious apple pies for the delight of residents and employees!



### **Afternoon of indoor sport**

This Sunday we enjoyed a fun and educational day thanks to our favorite trainers Kimberly and Lisa! We discovered great athletes among you!



### A trip to the park!

We went to the park with some residents this week. The weather could have been better but we still had a lot of fun!



### Family Day

This photo was taken at our annual Family Day event. We beat our previous record this year, with more than 300 people attending from nearly 45 families!

## Birthdays of the month



- Mary Grant

- Tony Rivers

- James Ward

- Françoise Mary

- John Morales

## We are pleased to welcome...



- Sally Adams

- John Morales

## A special thought to...



- Steven Oswald

## Upcoming events



**September 1st:** A group of long-distance cyclists are visiting to tell us about their 14,000 km journey around Latin America.

**September 6th:** We're celebrating St Nicholas Day with children from the local elementary school.

Have a great week!

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