

ROLAND HILL RETIREMENT COMMUNITY

- Issue : 22 november 2019 -





Welcome

Hello everyone!

It's a real pleasure to be writing our November 2019 newsletter! This issue is full of photos from all the different activities we've been doing over the last few weeks.

Enjoy! Best wishes, Mr Michael





Dance workshop

As part of our Vitality Program many of you came along to discover tango! Bob and Martha dazzled us on the dancefloor!



Afternoon of bowling and indoor sport

This Sunday we enjoyed a fun and educational day thanks to our favorite trainers Kimberly and Lisa! We discovered great athletes among you!





Our trip to the zoo

Here's a picture from our recent trip to the local zoo. Despite the changeable weather, we had a really fun day spotting some very exotic animals.



Family Day

This photo was taken at our annual Family Day event. We beat our previous record this year, with more than 300 people attending from nearly 45 families!



Birthdays of the month



- Mary Grant

- Tony Rivers

- James Ward

- Françoise Mary

- John Morales

We are p

We are pleased to welcome....

- Sally Adams - John Morales



A special thought to...

- Steven Oswald

Upcoming dates



1st December: A group of long-distance cyclists are visiting to tell us about their 14,000 km journey around Latin America.

6th December: We're celebrating Columbus Day with children from the local elementary school.

Have a great week!

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